

2000 từ vựng tiếng anh B2

Topic 1: Accidents

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	accidentally	adv.	Một cách tình cờ, bất ngờ	As i turned around, I accidentally hit him in the face
2	collision	n.	Sự va chạm	His car was in collision with a motorbike
3	crush	v.	Nghiền nát	The car was completely crushed under the truck
4	debris	n.	Mảnh vỡ, mảnh vụn, đồng đổ nát	Emergency teams are still clearing the debris from the plane crash
5	drown	v.	Chết đuối	Two children drowned after falling into the river
6	evacuate	v.	Sơ tán	Families were evacuated to safer parts of the city
7	evident	adj.	Hiển nhiên, rõ rệt	The full extent of the damage only became evident the following morning
8	fragile	adj.	Dễ vỡ, dễ gãy; mỏng manh	Be careful not to drop it; it's very fragile
9	fragment	n.	Mảnh vỡ, mảnh, mẫu	The shattered vase lay in fragments on the floor
10	identification	n.	Sự nhận diện, nhận dạng	The identification of the crash victims was a long and difficult task
11	inevitable	adj.	Không thể tránh khỏi	The accident was the inevitable result of carelessness
12	inevitably	adv.	Một cách không thể tránh khỏi	Older cars inevitably pose a risk to safety
13	minimal	adj.	tối thiểu	There were no injuries and damage to the building was minimal.
14	motorist	n.	người lái xe hơi	The accident was reported by a passing motorist.
15	plunge	v.	lao vào, lao xuống	She lost her balance and plunged 100 feet to her death
16	slam	v.	đóng sầm Ném phịch (vật gì, xuống bàn...)	I heard the door slam behind him. She slammed down the phone angrily. The car skidded and slammed into a tree.

17	slap	v.	Vỗ, phát, vả Đặt (cái gì) vào đâu đó với một tiếng vỗ, tiếng đập	He slapped the newspaper down on the desk.
18	slash	v.	Chém, rạch, cắt, khía	We had to slash our way through the undergrowth with sticks.
19	smash	v.	vỡ ra từng mảnh phá tan	Several windows had been smashed.
20	snap	v.	táp, đớp bẻ gãy	The wind had snapped the tree in two.
21	spill	v.	Làm tràn, làm đổ tiết lộ	Water had spilled out of the bucket onto the floor. He has spilled his guts in his new autobiography.
22	spin	v., n.	Sự quay tròn, sự xoay tròn Động tác bỏ nhào quay (thông tục) sự đi chơi; cuộc đi chơi ngắn	pulse
23	spine	n.	xương sống	Injuries to the spine are common amongst these workers.
24	stumble	v.	vấp, sảy chân	Running along the beach, she stumbled on a log and fell on the sand.
25	tragedy	n.	Bi kịch	It's a tragedy that she died so young
26	tragic	adj.,	Bi thảm, thảm thương	He was killed in a tragic accident at the age of 24
27	wrist	n.	cổ tay	I sprained my wrist playing tennis.
28	yell	v.	hét lên	The boy yelled with pain as the car crashed.

Topic 2: Appearance

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	absurd	adj.	Ngớ ngẩn	That uniform makes you look absurd
2	casual	adj.	Đơn giản, bình thường	She felt comfortable in casual clothes and wore them most of the time
3	colorful	adj.	Sặc sỡ	Her dress is very colorful
4	crystal	n.	Khoáng vật trong suốt	She was wearing a crystal pendant
5	differ	v.	Khác, không giống	The models differ in size and shape
6	differentiate	v.	Phân biệt	The male's yellow beak differentiates it from the female
7	distinct	adj.	Khác biệt	A face, much like a signature, has a distinct look and shape
8	distinction	n.	Sự phân biệt	It was a subtle distinction but a very important one
9	distinctive	adj.	Đặc biệt	The name comes from its distinctive appearance
10	distinguish	v.	Phân biệt	It was hard to distinguish one twin from the other
11	elaborate	adj.	Tỉ mỉ, công phu; chi tiết; chau chuốt	You want a plain blouse to go with that skirt - nothing too elaborate
12	fabric	n.	Vải	They sell a wide variety of printed cotton fabric
13	fabulous	adj.	Tuyệt vời	I want an outfit that'll make me look fabulous
14	fade	v.	Nhạt, phai	He was wearing faded blue jeans
15	fake	adj.	Giả	There were a few stalls selling fake designer clothing
16	gaze	n., v.	Nhìn chăm chăm	grin
17	golden	adj.	Bằng vàng; có màu vàng	Once upon a time there was a beautiful young princess with long golden hair
18	gorgeous	adj.	Lộng lẫy	He's just started going out with this really gorgeous girl
19	grace	n.	Vẻ duyên dáng, yếu điệu	She moves with the natural grace of a ballerina

20	identical	adj.	Giống hệt	Her dress is almost identical to mine
21	magnificent	adj.	tráng lệ, lộng lẫy	She looked magnificent in her wedding dress.
22	naked	adj.	trần truồng	The children were half naked
23	outfit	n.	trang phục	She was wearing an expensive new outfit.
24	patch	n.	miếng vá	I sewed patches on the knees of my jeans.
25	ridiculous	adj.	trông buồn cười, lố bịch	Do I look ridiculous in this hat?
26	robust	adj.	khỏe; tráng kiện	He seems to be in robust (good) health. She was almost 90, but still very robust.
27	sexy	adj.	gợi cảm	She looked incredibly sexy in a black evening gown.
28	shaped	adj.	(trong từ ghép) có hình dáng được chỉ rõ định hình	a huge balloon shaped like a giant cow almond-shaped eyes
29	strand	n.	sợi	She wore a single strand of pearls around her neck
30	striking	adj.	nổi bật, thu hút sự chú ý	He's good-looking, but he's not as striking as his brother
31	texture	n.	Kết cấu; cách dệt, lối dệt (vải)	The cloth was rough in texture
32	thread	n.	Chỉ, sợi	He was wearing a robe embroidered with gold thread
33	transformation	n.	Sự biến đổi	I'd never seen Jose in a tuxedo before - it was quite a transformation
34	twist	v., n.	Quấn, xoắn	Her hair was twisted into a knot on top of her head

Topic 3: Communication

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	apology	n.	Lời xin lỗi	You owe him an apology for what you said
2	articulate	v.	Giải thích rõ ràng	She had great ideas in her mind but struggle to articulate them
3	assert	v.	Xác nhận, khẳng định một cách quả quyết, quả đoán	She continued to assert that she was innocent
4	assertion	n.	Sự xác nhận, khẳng định một cách quả quyết, quả đoán	Do you have any evidence to support your assertions?
5	assurance	n.	Sự chắc chắn, đảm bảo	She gave us her assurance that she would sign the contract immediately
6	assure	v.	Đảm bảo	I can assure you that she's perfectly safe
7	breakdown	n.	Sự thất bại, sự sụp đổ	There has obviously been a breakdown in communications between the two sides
8	broadly	adv.	Nói chung	Broadly speaking, I agree with you
9	clarify	v.	Làm sáng tỏ	I hope this clarifies my position
10	clarity	n.	Sự rõ ràng, sáng sủa	The brilliant clarity of his argument could not be faulted
11	conceal	v.	Giấu diếm	She sat down to conceal the fact that she was trembling
12	concede	v.	Thừa nhận	He reluctantly conceded the point to me
13	congratulate	v.	Chúc mừng	I congratulated them all on their results
14	consult	v.	Hỏi ý kiến	Have you consulted your lawyer about this?
15	consultant	n.	Chuyên viên tham vấn	He was happy to act as a consultant to the company
16	consultation	n.	Sự hỏi ý kiến	The decision was taken after close consultation with local residents
17	convey	v.	Diễn đạt	He managed to convey his enthusiasm to her
18	correspond	v.	Trao đổi thư từ	She corresponded regularly with her former teacher

19	correspondence	n.	Thư từ	I have seen the correspondence between the company and the college
20	correspondent	n.	Người trao đổi thư từ	She's a poor correspondent
21	counter (argue against)	v.	Phản đối, chống lại	I tried to argue but he countered that the plans were not yet finished
22	cue	n.	Ra hiệu	She stood in the wings and waited for her cue to go on
23	enquire	v.	Hỏi thăm, hỏi han; Điều tra	I called the station to enquire about train times
24	envelope	n.	Bao bì, phong bì	Writing paper and envelopes are provided in your room
25	explicit	adj.	Rõ ràng, rành mạch	He gave me very explicit directions on how to get there
26	explicitly	adv.	Một cách rõ ràng, rành mạch	The text does not explicitly mention him by name
27	frankly	adv.	Một cách thẳng thắn, thật tình	They frankly admitted their responsibility
28	gesture	n.	Sự ra hiệu (bằng tay, bằng đầu)	They communicated entirely by gesture
29	hint	n., v.	Sự gợi ý	He gave a hint that he was thinking of retiring
30	metaphor	n.	phép ẩn dụ	Metaphor and simile are the most commonly used figures of speech in everyday language.
31	obstacle	n.	vật chướng ngại; trở ngại	The huge distances involved have proved an obstacle to communication between villages Mosquitoes were a great obstacle to the building of the Panama Canal.
32	pause	v., n.	(sự) tạm nghỉ, tạm ngừng	He spoke for an hour without a pause
33	query	n.	câu hỏi, chất vấn, thắc mắc	We have received many written queries about the product.
34	recipient	n.	người nhận..	He was a recipient of the Civilian Service Award. They are the country's biggest recipient of government funds.
35	reminder	n.	sự nhắc nhở	If he forgot to pay his rent, his landlady would send him a reminder.

36	scenario	n.	Viễn cảnh; viễn tưởng, chuỗi sự kiện tương lai (do tưởng tượng)	Let me suggest a possible scenario.
37	seldom	n.	hiếm khi	He had seldom seen a child with so much talent.
38	spam	n.	thư rác	I get thousands of spam emails each month.

Topic 4: Countryside

STT	Từ vựng	Loại từ	Địch nghĩa	Ví dụ
1	agricultural	adj.	Thuộc nông nghiệp	The country's economy is mainly agricultural
2	agriculture	n.	Nông nghiệp	50% of the country's population depends on agriculture
3	backdrop	n.	Khung cảnh nền	The mountains provided a dramatic backdrop for our picnic
4	bay	n.	Vịnh	Ha Long Bay is one of the most famous tourist attractions in Vietnam
5	canal	n.	Kênh, sông đào	In Amsterdam we had a boat ride on the canals
6	cattle	n.	Gia súc	He moved his cattle farther down into the valley in winter
7	cave	n.	Hang động	At one point during our trip we found ourselves in a dark cave
8	cliff	n.	Vách đá	Steep cliffs towered above the river
9	coastal	adj.	Thuộc bờ biển, ven biển	Nha Trang is a coastal city in the South of Vietnam
10	cultivate	v.	Canh tác, trồng trọt	The land around here has never been cultivated
11	harvest	n.	Vụ thu hoạch; vụ gặt	Farmers are extremely busy during the harvest
12	mill	n.	xưởng, nhà máy (về một nghề như làm giấy, xẻ gỗ,...)	The mill can be seen grinding wheat.
13	peasant	n.	nông dân	Tons of internationally donated food was distributed to the starving peasants.
14	spectacular	adj.	hùng vĩ, ngoạn mục	Scotland is famous for its spectacular

				countryside.
15	villager	n.	người sống trong làng	A lot of villagers have migrated to the city.



English for Everyone

Topic 5: Culture and Religion

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	angel	n.	Thiên thần, thiên sứ	She looks like an angel
2	bishop	n.	Giám mục	He was appointed the new Bishop of the city church
3	bless	v.	Ban phước	They brought the children to Jesus and he blessed them
4	blessing	n.	Phúc lành	They asked God's blessing on their pastoral work
5	congregation	n.	Giáo đoàn	The congregation stood to sing the hymn
6	cult	n., adj.	Sự thờ cúng, cúng bái/Sự ham thích, một thịnh hành	Their son ran away from home and joined a religious cult
7	demon	n.	Quỷ, ma quỷ	The people believed the girl was possessed by demons
8	devil	n.	Ma, quỷ	They believed she was possessed by devils
9	diverse	adj.	Đa dạng	People from diverse cultures were invited to the event
10	diversity	n.	Sự đa dạng	People are being encouraged to celebrate the diversity of their communities
11	divine	adj.	Thuộc thần thánh	He woked up after 10 years in a coma. Pepole are saying it's divine intervention
12	doctrine	n.	Học thuyết, chủ nghĩa	She rejected the traditional Christian doctrines
13	firework	n.	Pháo hoa	They set off fireworks in their back garden
14	heritage	n.	Di sản	Folk songs are part of our common heritage
15	indigenous	adj.	Bản địa, bản xứ	Antarctica has no indigenous population
16	legacy	n.	di sản	The Greeks have a rich legacy of literature.
17	monk	n.	thầy tu, thầy tăng	An example of a monk is a Buddhist man living with other Buddhists and following strict life rules.
18	mosque	n.	đền thờ Hồi giáo	The designs for the new mosque have attracted widespread criticism.
19	myth	n.	huyền thoại	Most societies have their own creation myths.

20	offering	n.	sự dâng hiến	Many people visit Shinto shrines to make offerings of fruit or rice to the gods.
21	parish	n.	xứ đạo, giáo khu	She lived her whole life in this parish.
22	pastor	n.	mục sư	He was ordained a pastor in the Lutheran Church.
23	preach	v.	thuyết giáo, giảng đạo, khuyên răn chủ trương, ra sức thuyết phục ai chấp nhận một điều gì	They preach the abolition of established systems but propose nothing to replace them.
24	preservation	n.	sự bảo tồn, duy trì sự bảo quản (thức ăn, thịt...)	The central issue in the strike was the preservation of jobs.
25	ritual	n.	trình tự hành lễ; nghi lễ	Sunday lunch with the in-laws has become something of a ritual. She objects to the ritual of organized religion.
26	sacred	adj.	thần thánh, của thần; thiêng liêng	Cows are sacred to Hindus.
27	sacrifice	n., v.	Sự cúng thần; sự tế lễ; vật hiến tế Sự hy sinh; vật hy sinh Hy sinh	They offered sacrifices to the gods. Her parents made sacrifices so that she could have a good education.
28	saint	n.	thánh, thần	The children were all named after saints.
29	secular	adj.	Trường kỳ, muôn thuở trần tục, không thiêng liêng	We live in a largely secular society.
30	sin	n.	tội lỗi	The Bible says that stealing is a sin.
31	symbolic	adj.	mang tính đại diện	The moon in this culture is symbolic of death.
32	theology	n.	Thần học	He studied theology at college
33	tribal	adj.	Bộ lạc	He photographed Tahitian men with traditional tribal tattoos
34	tribe	n.	Bộ lạc	The dancers are all members of the Tembu tribe
35	vow	v.	lời thề	After the awful meals we had last Christmas, I vowed to do more of the cooking myself.
36	worship	n., v.	tôn thờ, thờ phụng	On the island the people worshiped different gods.



English for Everyone

Topic 6: Education

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	absorb	v.	Hấp thu	Time is needed to absorb all this information
2	abstract	adj.	Trừu tượng	Research shows that preschool children can think in abstract terms
3	academy	n.	Học viện	She trained at the Royal Academy of Music
4	accent	n.	Giọng	She speaks English with a French accent
5	accomplish	v.	Thực hiện, hoàn thành	The students accomplished the tasks in less than ten minutes
6	accomplishment	n.	Thành tựu, thành tích	Learning English is one of my greatest accomplishments
7	accumulate	v.	Tích lũy, tích tụ	I have accumulated a lot of books
8	accumulation	n.	Sự tích lũy, tích tụ	The river became almost unrecognizable because of the accumulation of rubbish
9	acquisition	n.	Sự dành được, đạt được	There are different theories of child language acquisition
10	adaptation	n.	Sự thích nghi, thích ứng	The process of adaptation to a new school is difficult for some children
11	admission	n.	Sự thu nạp, kết nạp	She failed to gain admission to the university of her choice
12	allocate	v.	Chỉ định, chia phần	Millions have been allocated to improve students' performance
13	allocation	n.	Sự chỉ định, chia phần	The allocation of food to those who need it most
14	analogy	n.	Sự tương tự, giống nhau	The teacher draw an analogy between the human heart and a pump
15	array	n.	Dãy, chuỗi	The college offers a wide array of subjects
16	assign	v.	Phân công	The teacher assigned each of the children a different task
17	attain	v.	Đạt được, giành được	Most of the students attained 'A' grades in their exams
18	attendance	n.	Sự có mặt	Attendance at these lectures is not compulsory

19	benchmark	n.	Sự kiểm chuẩn	Tests provide a benchmark for future improvements
20	certificate	n.	Chứng chỉ, bằng, văn bằng	A certificate of completion will be issued to all who complete the course.
21	compulsory	adj.	Bắt buộc	English is a compulsory subject at this level
22	curriculum	n.	Chương trình giảng dạy	Spanish is in the curriculum
23	deputy	n.	Người được ủy quyền, người đại diện	He was appointed deputy head of the school
24	ease	n., v.	Đễ dàng	He passed the exam with ease
25	educator	n.	Nhà sư phạm	The video is being used by health educators in remote areas
26	elementary	adj.	Sơ cấp, sơ đẳng	They offer elementary English courses
27	enrol	v.	Ghi tên vào, kết nạp vào	You need to enrol before the end of August
28	equip	v.	Trang bị	The course is designed to equip students for a career in nursing
29	equivalent	n., adj.	Tương đương/Vật tương đương	Is there a French word that is the exact equivalent of the English word 'home'?
30	excellence	n.	Sự trội, sự xuất sắc	The college has a reputation for academic excellence
31	exclude	v.	Loại trừ	She felt excluded by the other girls in her class
32	exclusion	n.	Sự ngăn chặn, không cho vào	the exclusion of disruptive students from school
33	exclusive	adj.	Riêng biệt, dành riêng	Some of the most prestigious institutions of higher learning in the US are also the country's most exclusive
34	exclusively	adv.	Chỉ riêng cho	Most of the degree programmes are exclusively taught in English
35	experimental	adj.	Dựa trên thí nghiệm	The school's experimental teaching methods include letting the children decide what to study
36	extract	n., v.	Đoạn trích	The extract is taken from a long essay
37	facilitate	v.	Làm cho dễ dàng, tạo điều kiện dễ dàng	Structured teaching facilitates learning
38	faculty	n.	Khoa	Today the principal will meet students who are doing degrees in the Arts Faculty

39	foster	v.	Khuyến khích, cõ vũ Nhận nuôi (con của người khác)	I try to foster an appreciation for classical music in my students We couldn't adopt a child, so we decided to foster
40	guidance	n.	Sự chỉ đạo, hướng dẫn	The handbook gives helpful guidance on writing essays
41	guideline	n.	Nguyên tắc chỉ đạo, đường lối chỉ đạo	We encourage self-discipline in all students by setting clear guideline
42	incorrect	adj.	Không đúng, sai	The student gave an incorrect answer
43	index	n.	Bảng mục lục	Try looking up "heart disease" in the index
44	intellectual	adj., n.	Thuộc trí tuệ; có tri thức, tài trí/Người tri thức	I don't think he has the intellectual skills necessary to study at this level
45	interact	v.	Tương tác	Teachers have a limited amount of time to interact with each child
46	interaction	n.	Sự tương tác	Some modules require complete self-study and offer very little instruction or class interaction
47	interactive	adj.	Mang tính tương tác	The school believes in using ICT to create an interactive learning experience
48	intermediate	adj.	Trung cấp	This is an intermediate course for those who have already mastered the basics of English grammar
49	ironic	adj.	mĩa mai, châm biếm	It is such an ironic comment
50	ironically	adv.	một cách mỉa mai, châm biếm	The tone of the novel is ironically comic.
51	irony	n.	sự mỉa mai, sự châm biếm	There was a note of irony in his voice.
52	literacy	n.	sự biết viết biết đọc	Most of the students here need help with literacy and numeracy.
53	literary	adj.	(thuộc) văn chương, (thuộc) văn học	Her internationally acclaimed novel has won several literary prizes.
54	mathematical	adj.	[thuộc] toán học	The schools need to assess children's mathematical ability
55	methodology	n.	phương pháp học	There are recent changes in the methodology of language teaching.
56	neglect	v., n.	sao lãng, lơ là	She's been neglecting her studies this semester.

57	notebook	n.	sổ tay	I carry a notebook so that I can jot down any ideas.
58	novelist	n.	người viết tiểu thuyết	I would class her among the top ten American novelists.
59	nursery	n.	nhà trẻ	This type of nursery care may well be the best choice for your child.
60	opt	v.	chọn	Fewer students are opting for science courses nowadays.
61	oral	adj.	bằng lời nói; nói miệng	Only in borderline cases will pupils have an oral exam.
62	pad	n.	tập giấy	She always kept a pad and pencil by the phone.
63	participation	n.	sự tham gia, sự tham dự	We encourage students to participate fully in the running of the college.
64	peer	n.	người ngang địa vị; người ngang hàng	He wasn't a great scholar, but as a teacher he had few peers.
65	philosopher	n.	nhà triết học, triết gia	We studied the writings of the Greek philosopher Aristotle.
66	philosophical	adj.	(thuộc) triết học; theo triết học	There are many philosophical writings/essays.
67	postpone	v.	hoãn	The exams have been postponed until next month.
68	potentially	adv.	tiềm năng, tiềm tàng	This crisis is potentially the most serious in the organization's history.
69	practitioner	n.	người thực hành một kỹ năng, người hành nghề	He has years of experience as a senior practitioner in the financial services industry.
70	premise	n.	giả thuyết, tiền đề	They had started with the premise that all men are created equal. The argument rests on a false premise.
71	prestigious	adj.	có uy tín, có thanh thế, đem lại uy tín	My parents wanted me to go to a more prestigious university.
72	privilege	n.	đặc ân, đặc quyền	Education should be a universal right and not a privilege.
73	progressive	adj.	lũy tiến, tăng tiến tiến bộ	We are currently witnessing a progressive decline in the number of students entering higher education.

74	punch	n., v.	một cú đấm sức hút mạnh, ảnh hưởng mạnh	I felt the performance/speech/presentation lacked punch. The boxer was felled by a punch to the head.
75	ranking	n.	sự xếp hạng, vị trí xếp hạng	She has retained her No.1 world ranking in tennis
76	ratio	n.	tỷ số, tỷ lệ	The school has a very high teacher-student ratio.
77	registration	n.	sự đăng kí	Registration for the course will take place a week before the start of term.
78	remainder	n.	phần còn lại	9 divided by 4 is 2, remainder 1.
79	revision	n.	sự đọc lại, ôn lại bài vở	She did no revision, but she still got a very high mark.
80	scholar	n.	Nhà nghiên cứu; học giả	He was the most distinguished scholar in his field.
81	scholarship	n.	học bổng	She won a scholarship to study at Stanford.
82	seminar	n.	hội nghị chuyên đề	Teaching is by lectures and seminars.
83	skip	v.	nhảy, bỏ qua	I often skip breakfast altogether. She decided to skip class that afternoon.
84	stimulate	v.	Khuyến khích, thúc đẩy ai đó	Good teachers should ask questions that stimulate students to think.
85	stimulus	n.	sự khuyến khích	The teacher's praise is a stimulus to work harder.
86	suspend	v.	đình chỉ (học, công tác...)	She was suspended from school for fighting.
87	suspension	n.	sự đình chỉ (học, công tác...)	The school is imposing the suspension of indisciplined pupils from school.
88	tenure	n.	thời gian nắm giữ chức vụ	During his tenure as dean, he had a real influence on the students.
89	textbook	n.	Sách giáo khoa	I would not recommend it as a classroom textbook
90	thesis	n.	Luận đề, luận cương, luận văn, luận án	Students must submit a thesis on an agreed subject within four years
91	thorough	adj.	Kỹ lưỡng, tỉ mỉ	You will need a thorough understanding of the subject
92	thoroughly	adv.	Một cách hoàn toàn	You will need to read the textbook thoroughly
93	tuition	n.	Sự dạy học; sự kèm học	She received private tuition in French
94	undergraduate	n.	sinh viên đại học	It is important for undergraduates to attend this seminar.

95	undertake	v.	đảm nhận, thực hiện cái gì	Students are required to undertake simple experiments.
96	verse	n.	thơ	At the end of the course, we need to analyze several verses of Shakespeare.



English for Everyone

Topic 7: Entertainment and Media

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	aesthetic	adj.	Thẩm mỹ	The songs have an aesthetic appeal to them
2	amusing	adj.	Hài hước	It was a very amusing film
3	animation	n.	Hoạt hình	The first animation ever was made in the 1900s
4	anonymous	adj.	Ẩn danh	His face was blurred out in the interview clip because he wished to remain anonymous
5	anticipate	v.	Dự đoán, lường trước	The eagerly anticipated movie will be released next month
6	artwork	n.	Ảnh và minh họa trên sách báo	Can you send me the finished artwork for the poster before Friday?
7	audio	adj.	Thuộc về âm thanh	The audio quality at the show was really poor
8	authentic	adj.	Đích thực, xác thực	I'm not sure if the painting is authentic
9	bass	n.	Âm trầm	He sings bass in our local choir
10	biography	n.	Tiểu sử	The book gives potted biographies of all the major painters
11	bow	v., n.	Cúi chào	He bowed low to the assembled crowd
12	broadcaster	n.	Phát thanh viên	She is a writer and broadcaster on environmental matters
13	choir	n.	Đội hát	The children's choir will perform some Christmas songs
14	classification	n.	Sự phân loại	It's a style of music that defies classification
15	classify	v.	Phân loại	The records are classified according to genre
16	clip	n.	Đoạn phim ngắn	Here is a clip from her latest movie
17	compose	v.	Sáng tác	Mozart composed his last opera shortly before he died
18	composer	n.	Nhà soạn nhạc	Verdi was a prolific composer of operas
19	composition	n.	Bài sáng tác	Moonlight Sonata was one of Beethoven's finest compositions
20	comprise	v.	Bao gồm, gồm có	The collection comprises 327 paintings

21	contributor	n.	Người đóng góp	I am a contributor to several blogs
22	copyright	n.	Bản quyền	Who owns the copyright on this song?
23	coverage	n.	Sự đưa tin, tường thuật	Media coverage of the march focused on the few fights that broke out
24	cutting	n.	Bài báo cắt ra/Cảnh giâm	She had kept all the press cuttings about the murder.
25	debut	n.	Buổi ra mắt đầu tiên trước công chúng	The band's debut album was a huge success
26	depict	v.	Tả, mô tả	The artist had depicted her lying on a bed
27	disclose	v.	Đề lộ ra; tiết lộ	She refused to disclose the source of her information
28	disclosure	n.	Sự tiết lộ	The newspaper made damaging disclosures of management incompetence
29	distort	v.	Làm méo mó, bóp méo	Newspapers are often guilty of distorting the truth
30	dub	v.	Gán cho một biệt danh	The media dubbed anorexia 'the slimming disease'
31	duo	n.	Đôi, cặp biểu diễn	The famous magician duo Penn & Teller is having a new TV show
32	editorial	adj.	Thuộc công tác biên tập	The paper follows an editorial policy that puts great emphasis on foreign news
33	enrich	v.	Làm giàu thêm	Reading good literature can enrich all our lives
34	essence	n.	Thực chất, bản chất	His paintings capture the essence of France
35	essentially	adv.	Về cơ bản	Although she made intermittent movie appearances, she was essentially a stage actress
36	evoke	v.	Gợi lên, gợi nhớ	The music evoked memories of her youth
37	exhibit	v., n.	Trung bày, triển lãm	Only one painting was exhibited in the artist's lifetime
38	fame	n.	Danh tiếng, tiếng tăm	She found fame on the Broadway stage
39	film-maker	n.	Nhà làm phim	Alfred Hitchcock is one of the most influential filmmakers of all time
40	footage	n.	Đoạn phim	The film contained some old newsreel footage
41	genuine	adj.	Thật, đích thực	Is the painting a genuine Picasso?

			Thành thật, chân thật	He came across as a very genuine person
42	genuinely	adv.	Một cách thành thật, chân thật	There are some genuinely funny moments in the film She was genuinely sorry
43	gig	n.	(khẩu ngữ) sự biểu diễn một đêm nhạc	He played with the band at a recent gig
44	imagery	n.	Hình tượng	The poem is full of religious imagery
45	influential	adj.	Có ảnh hưởng, tác động; có uy thế, quyền lực	Beethoven is one of the most influential composers of all time
46	ink	n.	Mực	Be careful. The ink is still wet
47	inspiration	n.	Cảm hứng	Love is a rich source of inspiration for an artist
48	journalism	n.	ngành làm báo	My son's planning to go into journalism.
49	leaflet	n.	tờ quảng cáo rời	A leaflet about the new bus services came through the door today.
50	line-up	n.	hàng người, đội ngũ	We've got a star-studded line-up of guests on tonight's show.
51	listing	n.	sự lập danh sách	To find the correct TV channel, check the listings in your local newspaper.
52	logo	n.	biểu tượng	All over the world there are red and white paper cups bearing the company logo.
53	lyric	n.	(thường số nhiều) lời ca	Paul Simon writes the lyrics for most of his songs.
54	mainstream	n., adj.	thịnh hành	This is the director's first mainstream Hollywood film.
55	making	n.	quá trình/ hoạt động sản xuất	There's an article on the making of the series.
56	manuscript	n.	bản thảo	She has submitted a manuscript to an editor
57	mask	n.	mặt nạ	In the second part of the play, the actors take off their masks.
58	melody	n.	giai điệu	He played a few well-known melodies. His songs are always strong on melody.
59	memoir	n.	ký sự	She has written a memoir of her encounters with famous movie stars over the years.
60	merit	n.	giá trị	Brierley's book has the merit of being both informative and readable.

61	misleading	adj.	lừa dối, gây lạc hướng	Adverts must not create a misleading impression.
62	motion	n.	sự chuyển động điệu bộ	Parts of the film were shown again in slow motion She has a very graceful motion
63	newsletter	n.	bản tin	You did a good job on the brevity of this newsletter this week.
64	opera	n.	opera, nhạc kịch	"Carmen" is my favourite opera.
65	orchestra	n.	dàn nhạc	He plays the flute in an orchestra.
66	outstanding	adj.	xuất sắc, nổi bật	Her outstanding performances set a new benchmark for singers throughout the world.
67	overly	adv.	(trước tính từ, động từ) quá, quá mức	His films have been criticized for being overly violent.
68	portray	v.	vẽ chân dung (của ai)	The painting portrays a beautiful young woman in a blue dress.
69	probe	n., v.	dò xét, thăm dò	The interviewer probed deep into her private life. The article probes (= tries to describe and explain) the mysteries of nationalism in modern Europe. Detectives questioned him for hours, probing for any inconsistencies in his story.
70	publicity	n.	sự công khai, làm cho mọi người biết đến sự quảng cáo, rao hàng	There has been a lot of advance publicity for her new film.
71	publishing	n.	công việc xuất bản, ngành xuất bản	She used to be a teacher, but now she works in publishing.
72	punk	n.	một loại nhạc rock phổ biến thập niên 70-80 người mang phong cách punk	They love this punk band.
73	puzzle	n.	câu đố, sự bí ẩn	The deeper meaning of the poem remains a puzzle.
74	rating	n.	sự đánh giá, xếp loại một sự vật/việc/người tốt, phổ biến như thế nào	'The Big Bang Theory' was the network show with the highest rating.
75	renowned	adj.	nổi tiếng, có tiếng	She is renowned as an actress.
76	reportedly	adv.	theo như tường trình, theo như đưa tin	The actress is reportedly very upset by the incident.

77	reporting	n.	bản tin (báo chí)	Reporting restrictions on the trial have been lifted
78	revelation	n.	sự tiết lộ	Shocking revelations about their private life appeared in the papers.
79	revival	n.	sự phục hồi, hồi sinh lại	Recently, there has been some revival of interest in ancient music.
80	rock	v.	[làm] rung chuyển, làm náo động	the town was rocked by an earthquake
81	scandal	n.	Vụ bê bối, vụ tai tiếng, xì căng đan, chuyện gây xôn xao dư luận	There has been no hint of scandal during his time in office. People can find newspapers full of scandal
82	screening	n.	Sự chiếu một bộ phim (một chương trình..)	This will be the movie's first screening in this country.
83	shocking	adj.	Gây ra sững sốt, kích động	It is shocking that they involved children in the crime.
84	sketch	n.	Bức vẽ phác, bức phác hoạ Vẽ phác, phác hoạ	The artist is making sketches for his next painting.
85	slogan	n.	Khẩu hiệu	The crowd began chanting anti-government slogans.
86	solo	adj., n.	đơn ca, độc tấu một mình	After three years with the band he decided to go solo.
87	spectacle	n.	sự trình diễn, sự biểu diễn	The carnival was a magnificent spectacle.
88	sponsorship	n.	sự tài trợ	The orchestra receives £2 million a year in sponsorship from companies.
89	spotlight	n.	ánh đèn sân khấu	Spotlights followed the two dancers around the stage.
90	super	adj.	tuyệt vời, cực kì tốt	"Did you enjoy the film?" "Yes, I thought it was super."
91	superb	adj.	tuyệt vời, tài giỏi	He is a superb dancer.
92	theatrical	adj.	Thuộc sân khấu	Dance is a very theatrical art
93	thought-provoking	adj.	Đáng suy nghĩ, kích thích tư duy	This is an entertaining yet thought-provoking film
94	trio	n.	Bộ ba	The singing trio were on tour all winter

95	unfold	v.	để lộ, làm bộc lộ	Gradually, the reporter unfolded the president's scandals.
96	vocal	adj.	thuộc phát âm, liên quan đến phát âm	I played some vocal music.



English for Everyone

Topic 8: Environment and the Natural World

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	abundance	n.	Sự phong phú	The rainforest has an abundance of wildlife
2	acid	n., adj.	Axit	In some areas, severe air pollution has resulted in acid rain It's a very juicy fruit with a slightly acid flavor
3	acre	n.	Mẫu Anh (đơn vị đo diện tích)	There are 3000 acres of parkland in this region
4	activist	n.	Nhà hoạt động xã hội/chính trị	Thousands of environmental activists are marching to demand action on climate change
5	advocate	n., v.	Người tán thành, ủng hộ	He's an advocate of newable energy
6	ancestor	n.	Tổ tiên	A reptile was the common ancestor of lizards and turtles
7	ash	n.	Tro	Ash from the volcano fell over a wide area
8	awareness	n.	Nhận thức	Now, more than ever, we need to increase public awareness about environmental problems
9	banner	n.	Biểu ngữ	Protesters carried a banner reading 'Save our Wildlife'
10	bare	adj.	Trần, trọc	We looked out over a bare, open landscape, stripped of vegetation
11	beast	n.	Thú vật	He was ripped apart by wild beasts in the forest
12	breed	v., n.	Sinh, đẻ, nhân giống	Many animals breed only at certain times of the year
13	bug	n.	Sâu bọ/Lỗi máy tính	There's a bug crawling up your arm My computer's really slow at the moment—it must be some kind of bug
14	carbon	n.	Carbon	Carbon emissions are rising at an alarming rate
15	cling	v.	Bám chặt vào	Leaves still clung to the branches
16	compound	n.	Hợp chất	Compounds derived from plants are used as organic fertilizer
17	conservation	n.	Sự bảo tồn	There is a national park and conservation area in this region

18	conserve	v.	Bảo tồn	Renewable energy resources can help conserve fossil fuels and reduce carbon emissions
19	dam	n.	Đập	The dam burst and the valley was flooded
20	designate	v.	Chỉ định	This area is a designated nature reserve
21	destruction	n.	Sự phá hoại, hủy hoại	The destruction of the rainforests is one of the most important driving forces of climate change
22	destructive	adj.	Mang tính phá hoại, hủy diệt	Coal mining is among the most environmentally destructive activities
23	diminish	v.	Bớt, giảm bớt	The world's resources are rapidly diminishing
24	disastrous	adj.	Tai họa, thảm hại	Pollution can have disastrous effects on the delicately balanced ecosystem
25	discard	v.	Bỏ, loại bỏ, vứt bỏ	The grass was littered with discarded plastic bags
26	disposal	n.	Sự vứt bỏ	The waste must be taken to an approved disposal facility
27	dispose	v.	Vứt bỏ	Plastic waste must be disposed of properly
28	driving	adj.	Mạnh mẽ, có ảnh hưởng lớn	Human activities are the main driving force of climate change
29	drought	n.	Hạn hán	Farmers are facing ruin after two years of severe drought
30	dump	v.	Vứt bỏ, đổ thành đống	Too much toxic waste is being dumped at sea
31	echo	v., n.	Đội, vang/Tiếng dội, tiếng vang	The call echoed off the walls of the cave
32	ecological	adj.	Thuộc sinh thái	We risk upsetting the ecological balance of the area
33	emission	n.	Sự phát ra, bốc ra, tỏa ra	We must take action to cut global emissions of carbon dioxide
34	erupt	v.	Phun trào	The volcano could erupt at any time
35	exotic	adj.	Kỳ lạ	The national park was full of exotic plants and animals
36	forecast	n., v.	Dự đoán	The forecast said there would be sunny intervals and showers
37	greenhouse	n.	Nhà kính (trồng cây)	Gladys grows a lot of tomatoes in her greenhouse

38	habitat	n.	Môi trường sống, nơi sống (của động vật cây cối)	The panda's natural habitat is the bamboo forest
39	harmony	n.	Sự hòa thuận, hòa hợp, hài hòa	We must ensure that tourism develops in harmony with the environment
40	hidden	adj.	Ẩn, khuất	Hidden dangers lurk in the ocean depths
41	horizon	n.	Chân trời	The sun sank below the horizon
42	horn	n.	Sừng, gạc	The bull lowered its horns and charged straight at him
43	large-scale	adj.	có quy mô, phạm vi lớn	We must improve our response to large-scale natural disasters.
44	litter	n.	rác rưởi (loại nhẹ như giấy vụn, chai...)	There will be fines for people who drop litter.
45	log	n., v.	(n): khúc củi (v): ghi khoảng cách đã đi được	There are many logs for the fire The pilot had logged over 200 hours in the air
46	loom	v.	hiện ra lờ mờ	Dark storm clouds loomed on the horizon.
47	marine	adj.	(thuộc) biển/ hải quân	Marine biologists are concerned about the effects of untreated sewage that is flowing into coastal waters.
48	minimize	v.	giảm đến mức tối thiểu	Environmentalists are doing everything within their power to minimize the impact of the oil spill.
49	minute		rất nhỏ (về kích thước hoặc số lượng)	Water contains minute quantities of lead.
50	monster	n.	quái vật	the Loch Ness monster a sea monster
51	nest	n.	tổ	The snake will attack if disturbed inside its nest.
52	pond	n.	cái ao	It's good to get a view from the other side of the pond.
53	precede	v.	đi trước, đến trước, xảy ra trước	Kofi Annan preceded Ban Ki-moon as the Secretary-General of the UN.
54	precedent	n.	Quyết định, sự kiện... được xem là mẫu mực cho các quyết định hoặc các sự kiện sau này; tiền lệ	Some politicians fear that agreeing to the concession would set a dangerous precedent.

55	predator	n.	dã thú, động vật ăn thịt người lợi dụng người khác	In court, he was accused of being a merciless predator who had tricked his grandmother out of her savings.
56	rat	n.	chuột	The police are all over town. He's caught, like a rat in a trap.
57	reproduce	v.	sinh sôi nảy nở	Some creatures were better at surviving and reproducing themselves than others.
58	reproduction	n.	sự sinh sôi nảy nở	We are researching reproduction in elephants
59	rose	n.	Hoa hồng; cây hoa hồng	A rose is the national emblem of England.
60	shore	n.	Bờ biển, bờ hồ lớn	Rubbish of all sorts is washed up on the shore.
61	strive	v.	cố gắng, phấn đấu làm gì	We are striving to protect the environment.
62	summit	n.	đỉnh (núi...)	On this day in 1784, Dr Michel Paccard and Jacques Balmat reached the summit of Mont Blanc.
63	surge	n., v.	sự tràn, sự dâng lên	A tidal surge caused severe flooding in coastal areas.
64	sustainable	adj.	bền vững, không gây hại đến môi trường	A large international meeting was held with the aim of promoting sustainable development in all countries.
65	terrain	n.	địa hình	They walked for miles across steep terrain
66	tide	n.	Thủy triều	Is the tide coming in or going out?
67	toxic	adj.	Độc	This chemical is toxic to many forms of life
68	trap	v., n.	Cái bẫy	They put rabbit traps all over the wood
69	tsunami	n.	Sóng thần	A tsunami early warning system was set up in Hawaii
70	variable	n., adj.	biến động, hay thay đổi	British weather is perhaps at its most variable in the spring.
71	variation	n.	sự biến động, sự thay đổi	There are global temperature variations over the last 140 years
72	varied	adj.	đa dạng, khác nhau	With its varied climate, the country attracts both winter and summer sports enthusiasts.
73	vertical	adj.	thẳng đứng	She looked over the cliff and found she was standing at the edge of a vertical drop.

74	weed	n.	cỏ dại	My garden is overrun with weeds.
75	widespread	adj.	trên diện rộng	Minnesota has experienced widespread flooding.
76	width	n.	chiều rộng, bề ngang	The width of the river at this point is quite amazing.
77	worm	n.	giun, sâu	There are a lot of worms in my garden.



English for Everyone

Topic 9: Family and Relationships

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	adoption	n.	Nhận làm con nuôi	She adopted three children from the orphanage
2	betray	v.	Phản bội	She felt betrayed when she found out the truth about him
3	buddy	n.	Bạn	I'd like you to meet an old college buddy of mine
4	buffer	n.	Vật đệm	She often had to act as a buffer between father and son
5	companion	n.	Bạn đồng hành	Geoff was my companion on the journey
6	compromise	n., v.	Sự thỏa hiệp	In any relationship, you have to make compromises
7	confront	v.	Chạm trán, đối đầu	He confronted her with a choice between her career or their relationship
8	confrontation	n.	Sự chạm trán, đối đầu	She wanted to avoid another confrontation with her father
9	counseling	n.	Khuyến bảo, chỉ bảo	The couple decided to go for relationship counseling
10	counselor	n.	Cố vấn	The couple met a marriage guidance counselor
11	dependence	n.	Sự tùy thuộc, phụ thuộc	Our relationship was based on mutual dependence
12	dependent	adj.	Dựa vào, tùy thuộc, phụ thuộc	Most children remain dependent on their parents while at university
13	dilemma	n.	Thế lưỡng nan, khó xử	She faces the dilemma of disobeying her father or losing the man she loves
14	divorce	n., v.	Ly hôn	The marriage ended in divorce in 1996
15	embrace	v.	Ôm	He held her in a warm embrace
16	encouragement	n.	Sự khuyến khích, khích lệ, cổ vũ	With a little encouragement from his parents he should do well
17	encouraging	adj.	Khích lệ, cổ vũ	His parents remain encouraging despite bad grades
18	engagement	n.	Sự đính hôn, hứa hôn	He announced his engagement to his long-time girlfriend

19	gathering	n.	Sự tụ tập; cuộc họp mặt (đông người)	We're having a small family gathering to mark our wedding anniversary
20	inherit	v.	Thừa kế, thừa hưởng	She inherited a fortune from her father
21	interfere	v.	Can thiệp vào, xen vào	It's their problem and I'm not going to interfere
22	interference	n.	Sự can thiệp	You should watch out for unnecessary interference by your friends into your relationship
23	lifelong	adj.	suốt đời	She is my lifelong friend.
24	long-standing	adj.	[tồn tại] lâu dài; lâu đời	They have a long-standing relationship
25	long-time	adj.	lâu ngày	She is a long-time friend of the family.
26	magical	adj.	có phép màu, kì diệu	There is something magical about the pure exchange of love between parent and child.
27	mate	n., v.	ghép đôi bạn (bạn đời, bạn nghề)	I usually go out with some of my mates from the office on Saturdays.
28	meaningful	adj.	có ý nghĩa, có giá trị	She found it difficult to form meaningful relationships.
29	mutual	adj.	lẫn nhau	We are mutual friends
30	offspring	n.	con; con cái	She's the offspring of a scientist and a musician.
31	originate	v.	bắt nguồn từ, khởi đầu từ	The quarrel originated in rivalry between the two families.
32	passionate	adj.	say đắm	It was a passionate and often stormy relationship.
33	passive	adj.	bị động; thụ động	He played a passive role in the relationship.
34	precious	adj.	quý giá, cầu kì, đẹp tuyệt	The museum is full of rare and precious treasures.
35	realization	n.	sự nhận thức sự thực hiện	There is a growing realization that changes must be made. It was the realization of his greatest ambition.
36	resemble	v.	giống ai	You resemble your mother very closely.
37	reside	v.	sinh sống, cư trú	The family now resides in southern France.
38	residence	n.	sự sinh sống, cư trú	Her parents took up residence in Canada 20 years ago.
39	residential	adj.	thuộc nhà riêng	What is your residential address?

40	romance	n.	Không khí lãng mạn; tình cảm lãng mạn Truyện tình lãng mạn; mối tình lãng mạn Sự mơ mộng, tính lãng mạn	They had a whirlwind romance.
41	sake	n.	Mục đích, lợi ích	I believe in education for its own sake. They stayed together for the sake of the children.
42	scattered	adj.	Lác đác; lưa thưa; rải rác	Her family are scattered around the world.
43	separation	n.	Sự phân ly; sự chia tay; sự ly thân	Prolonged separations of this kind are damaging to very young children.
44	sibling	n.	anh chị em ruột	The younger children were badly treated by older siblings.
45	spell	n.	Sự thu hút, sự làm say mê câu thần chú	The witch cast/put a spell on the prince and he turned into a frog.
46	spoil	v.	làm hư hỏng	He is sulking like a spoilt child.
47	spouse	n.	vợ/ chồng	In 60 percent of the households surveyed both spouses went out to work.
48	supportive	adj.	khuyến khích, đem lại sự giúp đỡ	Children with supportive parents often do better at school than those without.
49	widow	n.	góa phụ	My grandmother has been a widow since her husband died 30 years ago.

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Topic 10: Food and Cooking

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	appetite	n.	Sự ngon miệng, thèm ăn	He suffered from headaches and loss of appetite
2	balanced	adj.	Cân bằng	A balanced diet will help you keep fit
3	barrel	n.	Thùng (đáy tròn)	They filled the barrels with cider
4	blend	v., n.	Pha trộn	Blend the flour with the milk to make a smooth paste
5	cater	v.	Phục vụ ăn uống	Who will be catering the wedding?
6	chop	v.	Bỏ, chặt	Add the finely chopped onions
7	chunk	n.	Khúc, tảng	He cut the food up into bite-size chunks
8	cocktail	n.	Rượu cốc tay	He made me fruit cocktail
9	complement	v.	Phần bổ sung	The excellent menu is complemented by a good wine list
10	consumption	n.	Sự tiêu thụ	The meat was declared unfit for human consumption
11	dairy	n., adj.	Bơ sữa	The doctor told me to eat less red meat and dairy
12	dip	v.	Nhúng, dìm	The fruit had been dipped in chocolate
13	drain	v.	Làm ráo nước	Drain off any liquid that is left in the rice
14	eliminate	v.	Loại ra, loại bỏ	This diet claims to eliminate toxins from the body
15	flavor	n.	Mùi thơm, vị ngon, mùi vị	The tomatoes give extra flavor to the sauce
16	grasp	v., n.	Túm lấy; ngoạm lấy, chộp lấy	He grasped the pan by its handle
17	grind	v.	Xay, nghiền, tán	The coffee is ground to a fine powder
18	handful	n.	Một nhúm, một nắm	He grabbed a handful of cookies and left
19	herb	n.	Dược thảo	The shop sells a large range of herbs and spices
20	liter	n.	lít (đơn vị đo thể tích)	Add a scant half liter of milk to the mixture and stir well.
21	organic	adj.	hữu cơ	Supermarkets have recognized the increasing popularity of organic food.
22	processing	n.	sự chế biến, gia công xử lý	They found cans containing rotting meat, which was the result of poor processing when the cans were sealed.

				These files enable you to control image processing on your PC.
23	protein	n.	pro-tê-in, chất đạm	Peas, beans and lentils are a good source of vegetable protein.
24	remains	n.	đồ ăn thừa	The remains of the meal were put on the table.
25	residue	n.	phần còn lại	She cut off the best meat and threw away the residue.
26	soak	v.	nhúng, ngâm nước	Leave the apricots to soak for 20 minutes.
27	spice	n.	Đồ gia vị; gia vị (nghĩa bóng) điều làm thêm hấp dẫn	We need an exciting trip to add some spice to our lives. The danger added spice to their romance.
28	stall	n.	quầy, sạp hàng	She runs a vegetable stall in the market.
29	stir	v.	khuấy, quấy trộn cái gì	Stir the sauce gently until it begins to boil.
30	suck	v.	bú, mút	She was sitting in the dining room sucking lemonade through a straw.
31	swallow	v.	nuốt (đồ ăn...)	He put a grape into his mouth and swallowed it whole.
32	warming	n.	ấm	I want a warming bowl of soup.
33	wheat	n.	lúa mì	Wheat is a staple crop for millions of people across the world.
34	whip	v.	đánh (kem, trứng...)	Could you whip the cream for me?



English for Everyone

Topic 11: Health and Well-being

STT	Từ vựng	Loại từ	Định nghĩa	Ví dụ
1	abortion	n.	Nạo phá thai	She decided to have an abortion
2	accelerate	v.	Tăng tốc	Exposure to the sun can accelerate the aging process
3	acute	adj.	Cấp tính	He was suffering from acute chest pains
4	addiction	n.	Sự nghiện ngập	He's now fighting this alcohol addiction
5	adhere	v.	Tuân thủ	The diet will work if it is adhered to
6	adverse	adj.	Bất lợi, có hại	This drug is known to have adverse side effects
7	AIDS	n.	Hội chứng suy giảm miễn dịch mắc phải	He developed AIDS five years after contracting HIV
8	allowance	n.	Liều lượng cho phép	The recommended daily allowance of Vitamin C is 60-90 milligrams
9	ambulance	n.	Xe cứu thương, xe cấp cứu	The ambulance crew rush her to the hospital
10	anxiety	n.	Lo âu, lo lắng	Some hospital patients experience high levels of anxiety
11	beneficial	adj.	Có lợi	A good diet is beneficial to health
12	beneficiary	n.	Người hưởng lợi	The biggest beneficiary of exercising is none other than yourself
13	bleed	v.	Chảy máu	My finger's bleeding
14	chronic	adj.	Mãn tính, kinh niên	He's a chronic alcoholic
15	circulate	v.	Lưu thông	The condition prevents the blood from circulating freely
16	circulation	n.	Sự lưu thông	Regular exercise will improve blood circulation
17	clinic	n.	Bệnh viện chuyên khoa, phòng khám	Your local family planning clinic can give you advice about birth control
18	clinical	adj.	Lâm sàng	Clinical trials of a COVID drug are starting soon
19	cluster	n.	Cụm	Doctors are worried about what appear to be cancer clusters occurring in these areas
20	complication	n.	Biến chứng	She developed complications after the surgery
21	confine	v.	Bị hạn chế	She was confined to bed with the flu

22	confirmation	n.	Sự xác nhận	I'm still waiting for confirmation of the test results
23	consciousness	n.	Ý thức	She did not regain consciousness and died the next day
24	considerable	adj.	Rất lớn, to tát	Considerable progress has been made in finding a cure for the disease
25	considerably	adv.	Một cách rất lớn, nhiều	The need for sleep varies considerably from person to person
26	cope	v.	Đôi phó, đương đầu với khó khăn	He wasn't able to cope with the stresses and strains of the job
27	correlate	v.	Có tương quan với	A high-fat diet correlates with a greater risk of heart disease
28	correlation	n.	Sự tương quan	There is a direct correlation between exposure to sun and skin cancer
29	countless	adj.	Vô số	The new treatment could save Emma's life and the lives of countless others
30	crack	v., n.	Làm nứt, rạn/Vết nứt, rạn	He has cracked a bone in his arm
31	damaging	adj.	Tổn hại	Lead is potentially damaging to children's health
32	defect	n.	Thiếu sót, sai sót; Khuyết tật	The child had a mild heart defect
33	deficiency	n.	Sự thiếu sót	Vitamin deficiency in the diet can cause illness
34	deficit	n.	Sự thiếu hụt	In order to lose weight, you should aim for a calorie deficit
35	delicate	adj.	Mong manh	The eye is one of the most delicate organs of the body
36	depression	n.	Sự trầm cảm	She suffered from severe depression after losing her job
37	deprive	v.	Lấy đi, tước đi	You can't function properly when you're deprived of sleep
38	deteriorate	v.	Hư hỏng	Her health deteriorated rapidly, and she died shortly afterwards
39	diagnose	v.	Chẩn đoán	Her condition was wrongly diagnosed by the doctor
40	diagnosis	n.	Sự chẩn đoán, kết quả chẩn đoán	They are waiting for the doctor's diagnosis

41	disability	n.	Sự tàn tật	No one knows what causes learning disabilities
42	disabled	adj.	Người tàn tật	The museum has special facilities for disabled people
43	discharge	v.	Cho xuất viện/Cho giải ngũ	Patients were being discharged from the hospital too early
44	discourage	v.	Làm nản lòng; can ngăn, ngăn cản	Smoking is actively discouraged in the university
45	disorder	n.	Sự rối loạn	She suffers from a rare blood disorder
46	donation	n.	Sự biếu tặng, quyên góp	Organ donation has not kept pace with the demand for transplants
47	donor	n.	Người cho tặng, người biếu	The heart transplant will take place as soon as a suitable donor can be found
48	dose	n.	Liều (thuốc)	I always take my daily dose of vitamin C
49	elbow	n.	Khuỷu tay	He rested his elbows on his knees
50	embed	v.	Ăn sâu, cắm chặt	There was an operation to remove glass embedded in his leg
51	endure	v.	Chịu đựng	The pain was almost too great to endure
52	epidemic	n.	Bệnh dịch	A flu epidemic broke out, and over 200 children died
53	excess	n., adj.	Sự quá mức, số lượng vượt quá	The drug can be harmful if taken in excess
54	excessive	adj.	Thái quá	Excessive drinking can lead to stomach disorders
55	exposure	n.	Sự phơi nhiễm	At high exposures, the chemical can affect the liver and kidneys
56	fatal	adj.	Làm chết người	If she gets ill again it could prove fatal
57	fever	n.	Con sốt	He has a high fever
58	fiber	n.	Chất xơ	Dried fruits are especially high in fiber
59	fine	v., n.	Khỏe khoắn	I was feeling fine when I got up this morning
60	fit	n.	Con; trận	He suffered from headaches and fainting fits
61	flesh	n.	Thịt	The knife cut through flesh and bone
62	fluid	n.	Chất lỏng	The doctor told him to drink plenty of fluids
63	forbid	v.	Cấm	Smoking is strictly forbidden

64	hazard	n.	Mối nguy	Smoking is a serious health hazard
65	heal	v.	Chữa khỏi (bệnh), làm lành (vết thương)	It took a long time for the wounds to heal
66	healthcare	n.	Dịch vụ chăm sóc sức khỏe	Many people in the country cannot afford health care
67	immune	adj.	Miễn dịch	Many people are immune to this disease
68	indication	n.	Sự biểu thị; dấu hiệu	All the indications are that she will make a full recovery
69	indicator	n.	Người chỉ; vật chỉ. Vật biểu thị	Nightly snoring can be an indicator of underlying health problems
70	infect	v.	Làm lây lan	It is not possible to infect another person with HIV through kissing
71	inhibit	v.	Ngăn chặn, kiềm chế, ức chế	A lack of oxygen may inhibit brain development in the unborn child
72	inject	v.	Tiêm, chích	She has been injecting herself with insulin since the age of 16
73	injection	n.	Mũi tiêm	He was treated with penicillin injections
74	insert	v.	Cài vào, lồng vào	They inserted a tube in his mouth to help him breathe
75	insertion	n.	Sự cài vào, lồng vào	An examination is carried out before the insertion of the tube
76	instruct	v.	Chỉ dẫn, bảo	I took the pills as instructed
77	intake	n.	Vật lấy vào; số lượng lấy vào	You should maintain a low intake of fat
78	intensify	v.	Tăng cường; gia tăng	He intensified his training, running 45 miles a week
79	intensity	n.	Cường độ, độ mãnh liệt	Her headaches started to increase in intensity
80	intensive	adj.	Tập trung, cầu; cực kỳ kỹ lưỡng	Following the surgery, Mr. Y was rushed to the ICU (Intensive Care Unit)
81	isolate	v.	cách li	Patients with the disease should be isolated.
82	kidney	n.	quả cật	She suffered kidney failure and needed a blood transfusion.
83	kit	n.	dụng cụ làm việc, bộ đồ nghề	a first-aid/tool kit We didn't have our sports kit with us.

84	lap	n.	lòng (thể dục, thể thao) vòng chạy, vòng đua	The children sat on my lap. He was overtaken on the final lap.
85	limb	n.	tay, chân	For a while, she lost the use of her limbs.
86	liver	n.	gan (của người, của súc vật)	He died of liver cancer.
87	medication	n.	sự bốc thuốc, sự cho thuốc thuốc, dược phẩm	He is currently taking medication for his heart.
88	meditation	n.	sự suy ngẫm, sự trầm tư	I left him deep in meditation.
89	miracle	n.	phép màu, phép kì diệu	The doctor said her recovery was a miracle.
90	moderate	adj.	vừa phải, có mức độ	There has been a moderate improvement in her health since she began the treatment.
91	nursing	adj.	(người mẹ) cho con bú bằng sữa mẹ	Nursing mothers are advised to eat plenty of leafy green vegetables.
92	nutrition	n.	sự dinh dưỡng	Good nutrition is essential if patients are to make a quick recovery.
93	obesity	n.	sự béo phì	A diet that is high in fat and sugar can lead to obesity.
94	partially	adv.	một phần	He is partially paralyzed.
95	physician	n.	thầy thuốc	Please consult your physician before beginning any new exercise program.
96	pill	n.	(dược phẩm) viên tròn	The doctor prescribed her some pills to help her sleep.
97	pregnancy	n.	sự có thai, mang thai	My first pregnancy was very straightforward - there were no complications.
98	preliminary	adj.	mở đầu, sơ bộ, dẫn nhập	Preliminary results show that the vaccine is effective, but this has to be confirmed by further medical trials.
99	prescribe	v.	kê đơn thuốc	He may be able to prescribe you something for that cough.
100	prescription	n.	đơn thuốc, toa thuốc, thuốc được kê	Antibiotics are only available on prescription. The doctor gave me a prescription for antibiotics.
101	psychiatric	adj.	(thuộc) bệnh tâm thần	This is an interesting psychiatric case study of a child with extreme behavioral difficulties.

102	psychological	adj.	(thuộc) tâm lý, tâm lý học	Abuse can lead to both psychological and emotional problems.
103	pulse	n.	mạch nhịp đập, nhịp điệu	The doctor took/felt my pulse. The music pulses with soul, Creole, and Cuban rhythms.
104	rehabilitation	n.	sự phục hồi	The patient is undergoing a slow rehabilitation
105	relieve	v.	làm dịu đi, làm nhẹ bớt cơn đau	She was given a shot of morphine to relieve the pain.
106	remedy	n.	phương thuốc chữa bệnh	You can buy most cold remedies over the counter.
107	removal	n.	sự cắt bỏ	His condition required the removal of a kidney
108	scratch	v., n.	noun: vết xước; vết thương nhẹ Từ con số không, từ bàn tay trắng verb: Cào, làm xước da	I'd scratched my leg and it was bleeding.
109	severely	adv.	Khắc khe, gay gắt rất gay go, khốc liệt, dữ dội	The crops were severely damaged. Anyone breaking the law will be severely punished.
110	skull	n.	bộ óc, đầu óc	Her skull was crammed with too many thoughts.
111	stroke	n.	cơn đột quỵ	She had a stroke that left her unable to speak.
112	supplement	v., n.	thực phẩm bổ sung	The doctor said she should be taking vitamin supplements.
113	surgeon	n.	bác sĩ phẫu thuật	The surgeon makes a small incision into which a tube is inserted.
114	surgical	adj.	thuộc về phẫu thuật	These surgical procedures are rarely used today and have been replaced by additive hormonal therapies.
115	survival	n.	sự sống sót	The doctors told my wife I had a 50/50 chance of survival.
116	survivor	n.	người sống sót	She's a cancer survivor.
117	syndrome	n.	hội chứng	Down's syndrome is a genetic disorder.
118	terminal	n., adj.	giai đoạn cuối	She has terminal cancer.

119	terminate	v.	kết thúc, chấm dứt	Some women prefer the use of medicine to terminate a pregnancy
120	testing	n.	Thử, kiểm định, thí nghiệm	A promising new COVID drug is currently under testing
121	therapist	n.	Bác sĩ điều trị chuyên khoa	He's been seeing a therapist to try to control his anger
122	thumb	n.	Ngón tay cái	He smiled and raised a thumb in greeting
123	tissue	n.	Giấy lau	He wiped his nose on a tissue
124	tobacco	n.	Thuốc lá (cây lá)	We cannot sell tobacco or alcohol to anyone under 16
125	transmission	n.	Sự truyền	The virus's usual transmission route is by sneezing
126	transmit	v.	Truyền	The disease cannot be transmitted through coughing or sneezing
127	trauma	n.	Chấn thương, tổn thương (chấn động về cảm xúc gây tác hại lâu dài)	The children showed no signs of trauma after their ordeal
128	trigger	v., n.	Gây ra	Nuts can trigger off a violent allergic reaction
129	undergo	v.	trải qua (cuộc phẫu thuật...)	She underwent an operation on a tumor in her left lung last year.
130	useless	adj.	vô dụng	This drug is useless in the treatment of patients with AIDS
131	vein	n.	tĩnh mạch	The function of the veins is to carry blood to the heart.
132	visible	adj.	có thể nhìn thấy được, rõ ràng	There are few visible signs of the illness that kept her in hospital for so long.
133	weaken	v.	yếu dần	You could see the poor dog weakening daily as the disease spread through its body.
134	well-being	n.	tình trạng hạnh phúc, khỏe mạnh	People doing yoga benefit from an increased feeling of well-being.
135	workout	n.	việc luyện tập thân thể	Always wear good shoes for your workout.